



OUR STORY

Delivering delicious small grower and independent winemakers wines to our private customers homes since 2005, you can now enjoy our wines here in our bar, all by the glass.

WHY WE HAVE THE SECTION HEADERS

NO SKIN CONTACT

White wine is made with little or no contact of the juice with the skins of the grapes.

SKIN CONTACT

The colour of red and rosé wines comes from contact of the juice with the skins of the grapes during the winemaking magic.

SINK THE PINK

Rosé wines are made from minimal contact with the skins of the grapes used, or from careful blending of white and red wines.

BUBBLY, BITCHES

*Our awesome selection of bubbly. From MCC's through to Cava, Prosecco and Champagne.
All available by the glass, Bitches.*

EXOTIC, EROTIC

We also carefully source wines from small and independent producers around the world. Here you'll find French, Spanish, Italian, Chilean, German, Kiwi and Australia delights. Both an exotic and erotic proposition sitting here at a bar in Cape Town!

NO SKIN CONTACT

	TASTE 50ml	GLASS 175ml	BOTTLE
SAUVIGNON BLANC			
NELSONS SAUVIGNON BLANC 2019 - PAARL Crisp and zesty Sauvignon Blanc from Paarl. Elegant and well-balanced, showing why this estate is one of SA's major award winners.	R9	R30	R125
RIVENDELL RESERVE SAUVIGNON BLANC 2017 - WALKER BAY Elegant and stylish Sauvignon Blanc from the Walker Bay region with captivating layers of flavours	R14	R46	R186
CHENIN BLANC			
CATCHPOLE & CO WOODWARD RIDGE CHENIN BLANC 2018 - STELLENBOSCH Insanely good Chenin over-delivering on value and freshness.	R11	R35	R120
HOGAN HABIBTI CHENIN BLANC 2017 - SWARTLAND Vibrant Swartland Chenin Blanc with something unique to say for itself.	R49	R157	R635
CHARDONNAY			
CATCHPOLE & CO WOODWARD RIDGE CHARDONNAY 2018 - HELDERBERG A beautiful blend of Chardonnay from two locations; ocean facing Helderberg vineyards and the Roberston Valley.	R11	R35	R115
NELSONS CHARDONNAY 2016 - PAARL A perfect Chardonnay for those who love the classic expression of this varietal. A well-balanced wine with toasty vanilla aromas on the nose.	R12	R39	R157
RADFORD DALE THE CRUX CHARDONNAY 2016 - STELLENBOSCH Perfectly balanced hand-picked and hand-crafted Chardonnay from two exceptional Stellenbosch vineyards.	R29	R91	R370
SEMILLON			
WILDEHURST THE WILDE LE PREMIER OR 2018 - SWARTLAND An extremely limited release Semillon from an exceptional vineyard in the Paardeberg, with only 274 bottles produced.	R26	R84	R345
VIOGNIER			
ELGIN VINTNERS VIOGNIER 2013 - ELGIN Complex, cool-climate Elgin Viognier boasting a chest full of medals.	R17	R53	R205
WILDEHURST VIOGNIER 2018 - SWARTLAND An elegant hand-crafted 100% Viognier with abundant layers of fruit on the palate.	R19	R60	R245
HILTON VINEYARDS 'THE ANCIENT' VIOGNIER 2017 - CAPE WINELANDS A full-bodied Viognier with opulent flavours and a mouth-watering appeal. Once you open this wine, it will be difficult not to finish the bottle.	R46	R145	R700
HILTON VIOGNIER 'THE EMPEROR PROBUS' - CAPE WINELANDS Superior hand-crafted Viognier named in honour of the famous Roman who brought this varietal to the Rhône.	R66	R210	R859
WHITE BLENDS & AROMATICS			
FAIRBRIDGE NATURAL SWEET N/V - WESTERN CAPE A wine for any and every occasion, this lovely natural sweet is like sunshine in a bottle. A must have for any wine lover.	R11	R35	R100
CATCHPOLE & CO WOODWARD RIDGE CHARD/PINOT NOIR N/V - CAPE WINLANDS Possibly one of our most popular white wines. A racy blend of Chardonnay and light crush Pinot Noir.	R11	R35	R120
BOSMAN FAMILY VINEYARDS WHITE BLEND 2017 - WESTERN CAPE Chenin Blanc, Chardonnay, Grenache Blanc, Pinot Gris, Semillon, Roussanne and Viognier. An innovative white blend showcasing unique dimension and complexity. Made exclusively for F&V.	R24	R76	R345
BOSMAN FAMILY VINEYARDS PINOT GRIS 2018 - HEMEL EN AARDE VALLEY A rare varietal for South Africa. An exciting development for those who have enjoyed our NZ and Italian imports of this variety in the past. Exclusively produced for F&V.	R24	R76	R312

SINK THE PINK

ROSE

BLUE CRANE PINOT NOIR ROSÉ 2018 - TULBAGH

A delightfully light and fresh Rosé, showcasing the subtleness of lightly crushed Pinot Noir.

NELSON'S FAMILY VINEYARDS ROSÉ 2019 - BOLAND

An expertly crafted Petit Verdot and Cabernet Franc Rosé. Absolute drinking pleasure.

TASTE
50ml

GLASS
175ml

BOTTLE

R11

R35

R135

R11

R35

R135

SKIN CONTACT

CABERNET SAUVIGNON

CATCHPOLE & CO TRESOR 'LE GAGNANT' 2016 - STELLENBOSCH

An eye-catching, elegant Stellenbosch Cabernet Sauvignon that over-delivers on the price.

STOFBERG MARIËTTE CABERNET SAUVIGNON 2015 - RAWSONVILLE

An exquisite Cabernet Sauvignon created from a desire to craft a truly exceptional wine, and made in tiny quantities.

R17

R53

R215

R50

R158

R643

PINOT NOIR

EDOUARD LABEYE PINOT NOIR 2016 - ELGIN

A one of a kind Pinot Noir from a masterful winemaker, only available through Frogitt & Vonkel.

R40

R126

R514

CABERNET FRANC

ONDERKLOOF CABERNET FRANC 2014 - SIR LOWRY'S PASS

An award-winning Cabernet Franc with an unbelievable price tag. This perfectly aged Cabernet Franc leads with red fruit on the palate and merges perfectly with subdued French oak.

RAINBOWS END RESERVE CABERNET FRANC 2017 - STELLENBOSCH

Elegant and unique single-clone Cabernet Franc from Banghoek high above Stellenbosch.

R11

R35

R145

R35

R112

R452

MERLOT

CATCHPOLE & CO WOODWARD RIDGE MERLOT 2013 - POLKADRAAI

Specially selected premium Merlot, 12 months barrel maturation and otherwise unavailable anywhere else in the world.

R19

R60

R244

SHIRAZ/SYRAH

LAND OF HOPE SYRAH 2017 - STELLENBOSCH

Stellenbosch Syrah made in a more restrained and subtle style.

CATCHPOLE & CO TRESOR EPICE 2012 - BOTRIVIER

Cool-climate hand-crafted Shiraz with a gentle kiss of Viognier.

ROCK PAPER SCISSOR SHIRAZ 2018 - SWARTLAND

A one of a kind three-way collaboration from some of the best winemakers in the Swartland Region.

HILTON 'THE DALMATION' RESERVE SYRAH 2014 - STELLENBOSCH

Exclusive Reserve bottling of one of Stellenbosch's finest Syrah's. Just two barrels were bottled especially for Frogitt & Vonkel customers.

R17

R53

R200

R23

R72

R289

R24

R77

R315

R85

R269

R1 090

PINOTAGE

ONDERKLOOF PINOTAGE 2017 - SIR LOWRY'S PASS

An elegant yet powerful wine to satisfy the palate of any Pinotage lover.

RADFORD DALE FRANKENSTEIN PINOTAGE 2016 - STELLENBOSCH

Well-rounded, silky Pinotage with a heavy emphasis on its Pinot Noir percentage. A Pinotage that turns heads!

R15

R49

R200

R39

R124

R507

	TASTE 50ml	GLASS 175ml	BOTTLE
GAMAY NOIR			
RADFORD DALE THE ANTIDOTE GAMAY NOIR 2017 - STELLENBOSCH	R40	R126	R514
A triumph for SA Gamay. We're predicting a cult following for this wine, and we're sure you are going to love it.			
MOURVEDRE			
BOSMAN FAMILY VINEYARDS MOURVEDRE 2017 - WELLINGTON	R29	R93	R378
100% Wellington Mourvedre that is deliciously juicy and seductive, crafted from an outstanding patch of vineyard on the De Rust farm. Made exclusively for F&V.			
NEBBIOLO			
CATCHPOLE & CO NEBBIOLO - HELDERBERG	R22	R49	R180
One of the oldest varietals in history. This is a delicious example of the grape of Kings.			
SANGIOVESE			
SKIPSKOP SANGIOVESE 2016 - CAPE WINELANDS	R15	R66	R240
The classic Tuscan noble cultivar staking claim in the Klein Karoo. The big producers will surely follow, but for now this is boutique brilliance at a superb price.			
RED BLENDS			
BLACK PEARL THE MISCHIEF MAKER 2016 - PAARL	R13	R42	R172
Seriously delicious, 4 star premium Shiraz from the "other" side of the Paarl mountain.			
CATCHPOLE & CO LES DANGEREUX CUVÉE ROUGE 2016 - BOTRIVIER	R15	R48	R195
Made exclusively for Frogitt & Vonkel just like they did when the estate was brand new. Silky, smooth and extremely morish!			
FRIESLAND CABERNET SAUVIGNON MERLOT 2017 - STELLENBOSCH	R18	R56	R229
A premium red wine without the price tag. Wonderfully structured with silky smooth tannins.			
CATCHPOLE & CO TRESOR QUINQUE 2012 - BOTRIVIER	R23	R72	R289
Exciting, ultra-premium Bordeaux blend from cool climate Botrivier.			
MÔRELIG VINEYARDS THE HEDGE 2017 - SWARTLAND	R26	R82	R350
An accomplished maiden release of this beautiful avant-garde blend from the hotbed of pioneering wine-making, the Swartland.			
RADFORD DALE GRAVITY 2011 - STELLENBOSCH	R44	R140	R574
The Flagship wine of The Winery and deservedly so. Gravity does the work here, thus the name.			
HOGAN HABIBI RED BLEND 2017 - CAPE WINELANDS	R55	R175	R714
An individual and pure red blend with the distinctive influence of Carignan shining through.			
THE ECHO OF G. 2011 - CAPE WINELANDS	R129	R410	R1700
Possibly the softest, yet most complex South African wine you will have tasted to date. Bordeaux-beating SA excellence.			
G. 2014 '67 IMIZUZU' - CAPE WINELANDS	R569	R1 810	R7 200
Now in its fourth glorious vintage, G. aims (and succeeds) in being the first "Frist Growth of the Cape. Created through a total no compromise approach.			

	TASTE 50ml	GLASS 175ml	BOTTLE
BUBBLY BITCHES			
SPARKLING WINE			
FAT BARREL STEEN CHENIN BLANC SPARKLING 2016 - CAPE WINELANDS Delicious sparkling Steen that everyone can afford to enjoy! But there's just not enough to go around.	R10	R33	R133
METHODE CAP CLASSIC			
BOSMAN FAMILY VINEYARDS LOOSE CANNON MCC 2014 - WELLINGTON Impressively fresh and refined traditional MCC from Walker Bay, crafted by award-winning winemaker Corlea Fourie.	R20	R63	R257
TANZANITE BRUT ROSÉ - WESTERN CAPE Made personally by award-winning Melanie vd Merwe. Classic MCC blend with a kiss of Shiraz.	R29	R91	R369
CAVA			
ALTA ALELLA MIRGIN LAIETA ROSE GRAN RESERVA 2015 - SPAIN Pink perfection, wonderfully individual hand-crafted organic Cava from the Mataro grape in its native territory. The ideal gift, if you can bear to give it away.	R43	R137	R559
ALTA ALELLA LAIETA BRUT GRAN RESERVA 2013 - SPAIN Chardonnay, Pinot Noir and Xarello in an organic Cava that evokes the very essence of Barcelona. Ole!	R38	R120	R499
ALTA ALELLA MIRGIN OPUS CAVA BRUT NATURE 2013 - SPAIN One of only 12 wines awarded Spain new highest classification for Cava. Seductive, organic blend of Chardonnay and Pansa Blanca.	R43	R138	R699
PROSECCO			
CANEVEL VALDOBBIADENE PROSECCO SUPERIORE D.O.C.G BRUT Delicious hand-crafted Prosecco brought to you from the hills of Valdobbiadene.	R46	R145	R592
CANEVEL VALDOBBIADENE PROSECCO SUPERIORE D.O.C.G EXTRA DRY 100% Glera, this is the Prosecco the Italians drink.	R46	R145	R592
CANEVEL VALDOBBIADENE D.O.C.G VIGNETO DEL FAE DOSAGGO ZERO 100% Glera. A lovely pale straw yellow colour with a fine, lasting perlage.	R47	R150	R612
CHAMPAGNE			
LACOURTE GODBILLON PREMIER CRU BRUT TERROIRS D'ECEUIL - ECEUIL Truly authentic Brut Champagne, hand-crafted from family owned Premier Cru vines. 85% Pinot Noir and 15% Chardonnay.	R58	R185	R753
LACOURTE GODBILLON PREMIER CRU DEMI-SEC - ECEUIL Beautiful hand-made Demi-Sec from sought after Premier Cru vines in picturesque Eceuil.	R60	R191	R778
LACOURTE GODBILLON PREMIER CRU BRUT ROSÉ - ECEUIL Gorgeous pink Champagne, hand-made from lightly crushed Pinot Noir. The speciality of this village.	R67	R212	R865
LACOURTE GODBILLON PREMIER CRU MILLESIME - ECEUIL Gorgeous pink Champagne, hand-made from lightly crushed Pinot Noir. The speciality of this village.	R82	R262	R1 070



EXOTIC EROTIC

NO SKIN CONTACT

	TASTE 50ml	GLASS 175ml	BOTTLE
TXOMIN ETXANIZ TXAKOLI 2018 - SPAIN Straw yellow colour with a tint of lemon. A stunning fresh and fruity wine made from Hondarrabis Grapes.	R20	R65	R250
LABEYE VIOGNIER 2015 - CASSES DU MINERVOIS World-class Viognier, a triumphant expression of the authentic Rhône varietal	R22	R70	R355
"THE DAILY AUGUST" RIESLING 2018 - ASSMANNHAUS Seriously expressive Riesling from one of Germany's most acclaimed producers. Never before available in Africa.	R24	R77	R314
WEINHAUS AUGUST KESSELER RIESLING PFALZ 2014 - ASSMANNHAUS Brilliant example of why German Riesling is the "Gold Standard" for this varietal worldwide. Perfect for the African Summer.	R31	R100	R405
CASA SILVA 1912 VINES SAUVIGNON GRIS 2018 - CHILE Ultra rare Sauvignon Gris from 110 year old vines, grown at the foot of the Andes Mountains.	R39	R125	R508
TWIN ISLANDS SAUVIGNON BLANC 2017 - MARLBOROUGH The essence of Marlborough wines, grown in the heartland and capturing the very best of this world famous region.	R40	R128	R519
MAISON CHAMPY - BULLY BURGUNDY CHARDONNAY 2013 - FRANCE Opulent Bourgogne Bully Chardonnay from the oldest Négociant in Burgundy.	R50	R160	R600
DOMAINE GERARD FIOU SANCERRE BLANC 2013 - SAN CERRE Crisp and clean organic Sauvignon Blanc, exemplifying why Sancerre is world famous	R64	R205	R825
CHAVY-CHOUET MERSAULT NARVAUX 2016 - FRANCE Rock star young winemaker and ancient superior Chardonnay terroir. Say no more.	R160	R510	R1 999
PULIGNY MONTRACHET LES COMBETTES 1ER CRU 2016 - FRANCE World-leading Chardonnay from its spiritual home, crafted by one of the best Masters of Burgundy.	R236	R750	R3 150
SKIN CONTACT			
LABEYE GRENACHE SYRAH 2016 - LANGUEDOC Exquisite Rhône style blend from the private collection of one of the most respected master winemakers in Southern France.	R26	R83	R339
"THE DAILY AUGUST" PINOT NOIR ROSE 2018 - ASSMANNSHAUS Possibly one of the most crisp and refreshing wines we've ever offered. Brilliantly nude in the bottle and even more delicious on the palate.	R28	R89	R364
LES VIGNERONS D'ESTEZARGUES RIVE DROITE RIVE GAUCHE 2016 - CÔTE DU RHÔNE Seriously delicious Rhône Blend. The real deal from an Avant-Garde Co-Op close to Avignon.	R32	R102	R415
RACINE MINERVOIS GRENACHE 2016 - LANGUEDOC A serious Languedoc red blend born from a collaboration of two outstanding producers.	R32	R102	R415
CASA SILVA RESERVA CUVÉE COLCHAGUA CARMENERE 2018 - CHILE Originally from Bordeaux, Carmenera is a grape that thrives in Chile's abundant sunshine, and the Silva family have made it their specialty.	R33	R106	R434
LE FRUIT DEFENDU 2016 - CHÂTEAUNEUF DU PAPE AOC Made from 6 hectares of very old Cinsault vines, located on sandstone soil parcels in the Châteauneuf du Pape AOC. 90% Cinsault, 10% Syrah	R36	R114	R438
CHATEAU FRANC-CARDINAL BORDEAUX BLEND 2012 - BORDEAUX An exceptionally well-priced small producer Bordeaux. Taste the quality of classic Bordeaux from the same terroir as the most premium wines in the world	R45	R142	R578

	TASTE 50ml	GLASS 175ml	BOTTLE
RUNNING WITH BULLS TEMPRANILLO 2017 - ANGASTON A classic cultivar, a New World terror. A wonderful fusion of Barossa know-how and Spanish flair.	R57	R181	R738
AUGUST KESSELER RHEINGAU PINOT NOIR 2014 - ASSMANNSHAUS An elegant Pinot Noir from Germany's King of Spätburgunder. Full of minerality and developed fruit flavours. What's not to like?	R59	R187	R764
LE RENARD & A DEVILLARD COTEAUX BOURGUINONS 2017 - BURGUNDY An unusual and exquisite blend of Gamay and Pinot Noir, that reflects the Devillard family's true philosophy of maintaining the purest taste of each varietal.	R60	R190	R774
OPAWA PINOT NOIR 2017 - MARLBOROUGH New Zealand Pinot Noir from an estate that ONLY produces Pinot, from the area widely identified as the finest for NZ Pinot Noir.	R66	R210	R856
GREYWACKE PINOT NOIR 2014 - MARLBOROUGH A highly fragrant style of Marlborough Pinot with cinnamon and close spiciness. Aged in French oak barriques.	R65	R206	R979
DOMAINE DE LA FERTE, GIVRY 2013 - BURGUNDY Deliciously smooth Pinot Noir from the iconic Devillard family.	R72	R230	R920
CHATEAU DE CHAMIREY MERCUREY 2013 - BURGUNDY Expertly Crafted Burgundy made from this estates top 12 vineyard sites, three of which are Premier Cru.	R125	R397	R1 158
CHATEAU CASSAGNE HAUT-CANON LA TRUFFIERE CANON-FRONSAC 2006 - BORDEAUX An impressive blend of Merlot, Cabernet Franc and Cabernet Sauvignon from a charming, family-run estate in Bordeaux.	R107	R342	R1 396
AUGUST KESSELER "CUVEE MAX" PINOT NOIR 2015 - ASSMANNSHAUS This Pinot Noir originates from 80 year old vines. The fruit from each parcel is vinified separately, and only blended before bottling. The wine is left on the lees for 20 months in oak barriques.	R165	R525	R2 140
GEVRY CHAMBERTIN 2016 - BURGUNDY Expertly crafted from the 8th generation winemaker Romain Taupenot.	R187	R595	R2 496

	GLASS 175ml	BOTTLE
SPIRITS		
THE SPIRIT OF G. GRAPPA - CAPE WINELANDS A master distiller took the freshly pressed fruit from G. and created distilled perfection.	R285	R2000
DURBANVILLE DISTILLERY DARK RUM - DURBANVILLE	R25	
HOPE VODKA - SALT RIVER	R22	
WINDFALL THE HUNTER BRANDY - ROBERTSON	R30	
BAINS WHISKEY - WELLINGTON	R30	
GEOMETRIC GIN - FRANSCHOEK	R35	
AUTOGRAPH GIN - STELLENBOSCH	R30	
HOPE BLANCO AGAVE TEQUILA - SALT RIVER	R30	
SIERRA MILENARIO TEQUILA - GUADALAJARA	R70	

BREWSKIES

STRIPED HORSE CRAFT LAGER	R35	R50
DEVILS PEAK CRAFT PALE ALE	R35	R50

BOTTLE (330ml)

DEVILS PEAK LITE	R35
DEVILS PEAK ZERO TO HERO	R35

LIGHT WEIGHTS

SODAS/MINERALS	R22
SYMMETRY TONIC ESSENCE SYRUP	R27

SNACKS

VEGETABLE CRISPS	R20
ROSEMARY & ROCKSALT CRISPS	R20
RED ONION, OLIVE & GARLIC CRISPS	R20
CHILLI & CORIANDER CRISPS	R20
SEA SALT & BLACK PEPPER CRISPS	R20
OAKHURST OLIVES	R30
CHEESE & CURED MEAT BOARDS	R165