

“Wine is the most civilized thing in the world”

Ernest Hemingway

Portuguese wines have a long history and strong presence in the local wine scene. For many years, people have been coming to Macao searching for the exquisiteness of the Portuguese food and of course their wines. Although best known for their highly acclaimed Port wines and also Madeira wines to some degree, Portugal has a lot more to offer in terms of wine styles. To begin with, Portugal has a great variety of their own native grapes, including the most well known Touriga Nacional. They also produce many wines using the international noble grape varieties such as Cabernet Sauvignon, Syrah, Merlot or Chardonnay.

Until recently the variety of wine found in Macao both Portuguese and international was almost non-existing. In this respect, nowadays Macao is a paradise for someone who wants to fully experience some of the best wines Portugal has to offer. Many of the top Portuguese wines, make now their way to Macao in fair quantities and at very reasonable prices.

For that reason IFT Educational Restaurant compiled a list of the best Portugal has to offer. Its not only a wine list but a guide and a knowledge fountain...Being a school, our aim is to quench people's thirst for knowledge, and that is exactly what we wanted to achieve with this list. Here you can find not only the name of the wines but also, the grape varieties, and an overall explanation about the Portuguese wine producing regions and classifications.

We hope this list helps shed some light regarding Portuguese wines and that by the end of your experience you will be equipped with more knowledge and a better understanding of Portuguese wines.

Bon Appetite and like the Portuguese say SAÚ DE!

Index

wines by the glass	3
wine list	
sparkling wines	4
rosé wine	4
white alentejo	5
white dão	5
white douro	5
white estremadura/lisboa	5
white ribatejo/tejo	6
white terras do sado	6
white vinho verde	6
red alentejo	7-8
red bairrada	9
red dão	10
red douro	11-12
red estremadura/lisboa	13
red ribatejo/tejo	14
red terras do sado	15
porto wines (white, tawny, colheita, lbv)	16
porto wines (vintage, moscatel and late harvest)	17
portugal - the wine regions	18
portugal - the wine regions	19
portuguese wine classification	20
map of doc wine regions	21
map of regional wines regions	22

please be aware that occasionally vintages can be subject to change at short notice and rare wines are cellared in limited quantities

wine by the glass

white

casa cadaval vinha padre pedro 2017, ribatejo/tejo	mop
fresh, lemony taste, nice balance between the acidity, the body and the soft texture. grape variety: arinto, verdelho, fernão pires and viognier	50
casa cadaval vinha padre pedro 2018, ribatejo/tejo	50
fruit, with a refreshing aroma of tropical notes, some citrus and white flowers, the wine is fresh, with a creamy and lingering after taste. grape variety: fernão pires, arinto, alvarinho	
casa santos lima chardonnay 2017, estremadura/lisboa	50
green fruit aromas and a light sensation of wood toast. high acidity giving a lively freshness to the wine, and long smooth finish. grape variety: chardonnay	

red

carmim monsaraz 2017, alentejo	50
ripe but fresh dark fruits nose, with a round and smooth palate, soft tannins and a medium fruity body palate that lingers. grape varieties: trincadeira, aragonês and alicante bouschet	
casa cadaval vinha padre pedro 2015, ribatejo/tejo	50
aromatic, with notes of red fruits. round and easy to drink it shows a balanced acidity and medium body with a medium finish. grape varieties: trincadeira, aragonez, cabernet sauvignon and touriga nacional	
quinta de cabriz colheita selecionada 2016, dão	50
vegetable notes and very ripe fruit dominate the aroma. on the palate, balanced tannins and medium body give way to a silky, savoury and spicy finish with lots of dark cherry and plum fruit. grape varieties: alfrocheiro, tinta roriz and touriga nacional	

corkage charge per bottle

table wines such as red wine, white wine, rosé wine (75cl)	150
sparkling wine (75cl)	150
fortified wine (75cl)	150
spirits	300

sparkling wines

bairrada e beiras

- 025. murganheire reserve bruto 2015** 240
(malvasia fina, cerceal, gouveio real)

távora-varosa

- 023. terras do demo brut 2016** 215
(malvasia fina)
- 024. mateus demi seco rose sparkling wine** 190
(baga, rufete, tinta barroca touriga franca)

rosé wines

douro

- 005. mateus n/v** 105
(baga, rufete, tinta barroca touriga franca)

white wines

alentejo

221. esporão reserva 2017 (antão vaz, arinto, roupeiro)	mop 250
224. monte da peceguina 2018 (antão vaz, verdeho, roupeiro, arinto)	190
227. pera manca 2017 (antão vaz, arinto)	370

dão

191. quinta dos carvalhais encruzado 2010 (encruzado)	420
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douro

222. planalto reserva 2018 (malvasia fina, vioso, gouveio, códega)	170
213. quinta de la rosa 2016 (códega do larinho, rabigato, vioso, gouveio)	245
225. redoma 2018 (rabigato, códega)	200
170. redoma reserva 2011 (rabigato, códega, donzelinho, vioso, arinto)	400

estremadura/lisboa

211. casa santos lima chardonnay 2017 (chardonnay)	145
204. madrigal viognier 2015 (viognier)	350

white wines

ribatejo/tejo

215. casa cadaval vinha padre pedro 2017 (arinto, verdelho, fernão pires, viognier)	mop 125
229. casa cadaval vinha padre pedro 2018 (arinto, verdelho, fernão pires, viognier)	125
116. vale d'algares 2007 (viognier)	565

terras do sado

226. bacalhôã chardonnay 2018 (chardonnay)	225
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vinho verde

220. aveleda 2018 (loureiro, trajadura, arinto)	125
210. muros de melgaço alvarinho 2016 (alvarinho)	280
209. portal do fidalgo alvarinho 2016 (alvarinho)	225
223. portal do fidalgo alvarinho 2018 (alvarinho)	225

red wines

alentejo

	mop
282. aragonês da peceguina 2013 (aragonês)	370
2013. carmim monsaraz 2017 (trincadeira, aragonês, alicante, bouschet)	125
299. carmim reguengos reserva 2014 (tinta caiada, alicante bouschet, trincadeira, aragonês)	225
2010. cartuxa 2014 (castelao, trincadeira, alicante bouschet, aragonês)	300
2014. esporão reserva 2016 (aragonês, trincadeira, cabernet sauvignon, alicante bouschet)	380
289. herdade s. miguel reserva 2011 (alicante bouschet, aragonês, cabernet sauvignon)	380
2005. josé de sousa mayor 2011 (grand noir, trincadeira, aragonês)	360
2015. marquês de borba 2017 (aragonês, trincadeira, alicante bouschet, cabernet sauvignon)	165
2011. marquês de borba reserva 2014 (trincadeira, aragonês, alicante bouschet, cabernet sauvignon)	605
2008. mouchão 2012 (alicante bouschet, trincadeira)	500
2006. quinta do carmo reserva 2012 (aragonês, cabernet sauvignon, syrah)	485

red wines

alentejo

298. são miguel dos descobridores colheita selecionada 2014 (aragonês, touriga nacional, trincadeira)	mop 190
2009. tiago cabaço .com 2016 (touriga nacional, aragonez, trincadeira, alicante bouschet)	150
291. tinto da anfora grande escolha 2008 (aragonês, touriga nacional, syrah)	385
296. tinto da talha grande escolha 2010 (aragonês, touriga nacional)	240

red wines

bairrada

	mop
305. Luis Pato Quinta do Ribeirinho Pé Franco 2005 (baga)	1805
321. Quinta das Bageiras Colheita Chumbado 2015 (baga)	145
313. Quinta do Encontro “Encontro 1” 2007 (baga, Touriga Nacional)	1300
320. Quinta do Encontro “Preto e Branco” 2012 (baga, Touriga Nacional, Bical)	225

red wines

dão

	mop
430. callabriga reserva 2009 (tinta roriz)	425
443. casa de santar reserva 2013 (touriga nacional, alfrocheiro, tinta roriz)	240
405. four c 2003 (baga, trincadeira, tinto cão, touriga nacional)	1300
441. paço dos cunhas de santar nature 2012 (touriga nacional, tinta roriz)	190
439. quinta da garrida touriga nacional 2009 (touriga nacional)	320
434. quinta das maias jaen 2011 (jaen)	370
442. quinta de cabriz colheita seleccionada 2016 (alfrocheiro, tinta roriz, touriga nacional)	120
411. quinta dos carvalhais único 2005 (touriga nacional)	1335
428. udaca irreverente 2010 (touriga nacional, tinta roriz, jaen, alfrocheiro preto)	175

red wines

douro

	mop
5003. cais da ribeira reserva 2013 (touriga nacional, touriga franca)	175
5002. evel reserva 2015 (touriga nacional, touriga franca, tinta roriz, tinto cão)	380
5011. evel reserva 2017 (touriga nacional, touriga franca, tinta roriz, tinto cão)	380
5004. grainha 2014 (touriga nacional, touriga franca, tinta roriz, tinta amarela)	260
594. lello 2015 (touriga nacional, touriga franca, tinta roriz, tinta barroca)	120
5005. lello 2016 (touriga nacional, touriga franca, tinta roriz, tinta barroca)	120
5008. meandro do vale meão 2017 (touriga nacional, touriga franca, tinta roriz, tinta barroca, tinta amarela)	230
524. quinta da manuela 2001 (tinta roriz, tinta barroca)	710
565. quinta de cidró pinot noir 2008 (pinot noir)	380
5007. quinta do crasto 2015 (touriga nacional, touriga franca, tinta roriz, tinta barroca)	175
5010. quinta do crasto reserva vinhas velhas 2016 (old vines, 25 to 30 different grape varieties)	370
588. quinta do vale da raposa touriga nacional 2012 (touriga nacional)	370

red wines

douro

	mop
5009. quinta do vallado reserva 2016 (tinta roriz, tinta amarela, touriga franca, tinta barroca)	450
598. quinta dos aciprestes reserva 2015 (touriga nacional, touriga franca)	280
5001. quinta nova de nossa senhora do carmo reserva 2014 (touriga nacional, touriga franca, tinta roriz, tinta barroca)	420
599. vinha grande 2014 (touriga nacional, touriga franca, tinta barroca, tinta roriz)	195

red wines

estremadura/lisboa

616. brutalis 2013 (cabernet sauvignon, alicante bouschet)	mop 380
612. chocapalha 2007 (touriga nacional, tinta roriz, syrah)	215
611. chocapalha reserva 2008 (touriga nacional, tinta roriz, syrah)	385
608. quinta do monte d'oiro homenagem a antonio carqueijeiro 2001 (syrah, viognier)	1250
614. senhor d'adraga 2007 (alicante bouschet, cabernet sauvignon, syrah, touriga franca, touriga nacional)	240

red wines

ribatejo/tejo

	mop
724. casa cadaval vinhas velhas trincadeira 2010 (trincadeira)	240
723. casa cadaval vinha padre pedro 2015 (trincadeira, aragonez, cabernet sauvignon, touriga nacional)	125
719. encosta do sobral reserva 2011 (touriga nacional, trincadeira, touriga franca)	220
725. encosta do sobral reserva 2014 (touriga nacional, trincadeira, touriga franca)	220
708. falcoaria reserva 2007 (castelão, trincadeira)	240
709. guarda rios 2006 (syrah, touriga nacional, aragonês, merlot)	400
722. quinta da alorna reserva 2013 (touriga nacional, cabernet sauvignon)	200
716. quinta do alqueve tradicional 2009 (touriga nacional, trincadeira, tinta roriz, castelão)	200

red wines

terras do sado

812.	adega cooperativa de pegões colheita selecionada 2009 (cabernet sauvignon, touriga nacional, trincadeira, syrah)	mop 240
801.	domingos soares franco colecção privada syrah 2004 (syrah)	300
816.	má partinha merlot 2011 (merlot)	315
817.	quinta da bacalhoa cabernet sauvignon 2015 (cabernet sauvignon)	280
815.	quinta da mimosa 2013 (castelão)	225

sweet and fortified wines

vinho do porto

porto white

	per glass	per bottle
	mop	mop
902. ferreira lágrima	40	180

porto tawny

904. ferreira dona antónia reserva	50	230
905. ferreira quinta do porto 10 years old	60	380
906. ferreira duque de bragança 20 years old	75	645
907. taylor's 20 years old	115	1015
908. niepoort 30 years old	175	1535

porto colheita

909. barros 1966		2500
910. barros 1975		1500
911. krohn 1958		3000
912. krohn 1965		2500
913. niepoort 1991		375
934. niepoort 2005 (375ml)		245

porto lbv

935. niepoort 2011		220
938. niepoort 2014		220

sweet and fortified wines

porto vintage

	mop
917. castelinho 1997	980
918. dow's 1977	2205
919. dow's 1980	1300
920. ferreira 2000	600
937. ferreira 2007	600
921. graham 1997	1850
922. niepoort 1987	960
923. niepoort 2005	660
924. taylor's 2003	1900
925. warre 1994	1880

moscatel do douro

927. adega cooperativa de favaios, douro	155
928. adega cooperativa de favaios 1975 (500ml)	685

moscatel de setúbal

929. adega cooperativa de pegões 1998	280
936. bacalhoa moscatel roxo 2000 (500ml)	260

late harvest

901. grandjó 2006 (375ml)	320
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portugal - the regions

vines were first brought to portugal by the greeks in the 7th century bc, but it was only when the romans occupied portugal that this crop came to be important. with the worship of bacchus, the portuguese also inherited the tradition of wine making.

vines are now to be found throughout the country, and there are already a number of specific “regiões demarcadas” (demarcated regions).

vinho verde

this is portugal’s largest doc region stretching from the hills south of the river douro to the river minho in the north. the cool, damp maritime climate together with the rather unusual method of growing vines produce fresh, light white wines, whose extraordinary aroma is balanced by their acidic touch.

grape varieties to note here is the alvarinho, probably the best portuguese white grape variety and commonly making single variety wines. other interesting grapes are loureiro and trajadura, more commonly used in blends but making also some interesting single variety wines.

douro

douro wine originates in a region of beautiful landscapes, where the grapevines climb the 60-degree sloping banks of the river, that winds its way through the limestone ravines, transformed by the muscles of men into vineyards. it is the oldest demarcated wine region in the world and also home of some world heritage vineyards. for centuries the douro was known for its port wines, but nowadays its the table wine making the headlines.

international wine publications are giving some of its highest ratings to the wines of the douro valley.

the variety of soils and micro-climates along the banks of the river douro determine the quality and diversity of the wine produced here. 50% of the production goes for port wine, while the other 50% is used for the production of red, white, rosé, sparkling wine, fortified (moscatel do douro) and wine brandy

several grape varieties are used in the douro such as the tinta roriz (aragonês in alentejo and tempranillo in spain) and the queen of the portuguese grape varieties, the touriga nacional.

dão

this region stretches along the river dão. traditionally, it produces excellent red wine, with a good bouquet, and elegant and deep taste. after ageing, it gains a velvety taste and changes the ruby colour to a reddish brown. the white wines of the region are generally aromatic and refined.

bairrada

the region of bairrada is closer to the littoral, between river vouga and Mondego. wine has long been a tradition in this region. the local reds are fruity when young, have good balanced tannin and acid content, developing a complexity with age. 60% of portugal’s sparkling wines, are produced in this region. top grape variety here is the Baga.

portugal - the regions

lisboa

formerly known as estremadura, the lisbon wine region stretches from lisbon further north to just beyond the city of leiria. it has classic traditional areas such as carcavelos, colares and bucelas known for producing long lived whites are unfortunately disappearing amongst the concrete buildings of the portuguese capital lisbon. however other areas such as alenquer further north are booming and producing quite a number of quality wines like never before.

in terms of grape varieties this is the region that experiments the most in portugal, so you will find a great variety of nacional as well as international grapes such as cabernet sauvignon and syrah/shiraz.

tejo

formerly known as ribatejo, this region was for a long time the provider of bulk wine. tejo is now emerging as an exciting source of modern-styled commercially astute red wines. the fertile alluvial soils on the banks of the river tagus produce soft-textured, ripe, drinkable reds in the sorts of quantities and at the price points that excite supermarket buyers. further up, on the stonier soils more serious wines can be made. unlike most other portuguese regions, foreign varieties such as cabernet sauvignon and merlot are quite common here, and seem to do well. top local grape varieties include castelão and trincadeira for reds and fernão pires for whites.

terras do sado

situated south of lisbon it comprises the regions of setúbal and palmela. as well as excellent muscatels, this area produces high quality table wines. the whites surprise with their sheer diversity of pleasing tastes and fruity aromas, and the reds are warm and full-bodied.

alentejo

in recent years this region has done much to develop and perfect wine production. the wines produced here have great character - smooth, highly drinkable reds and fresh aromatic wines. located between river tejo and algarve region, alentejo is an excellent region with superb natural conditions for it's long and extensive plains of vine trees to fully mature under the burning sun. main grapes here include trincadeira, aragonês (tinta roriz in the douro and tempranillo in spain), alicante bouschet, and most recently touriga nacional and syrah/shiraz.

portuguese wine classification

doc/dop

“denominação de origem controlada” (denomination of controlled origin) - this is the highest-rated category reserved for portugal’s 31 top wine regions.

vqprd

“vinhos de qualidade produzidos em regiões determinadas” (wines of quality produced in determined regions) - this european union concept considers wine to have typicality based on such factors as grape varieties, soil, climate, viticultural and winemaking technique. all doc and ipr wines in portugal have the right to use this supplementary designation on the label if they wish to.

ipr

“indicação de proveniência regulamentada” (indication of regulated provenance) - there are 29 regions entitled to this prestigious designation.

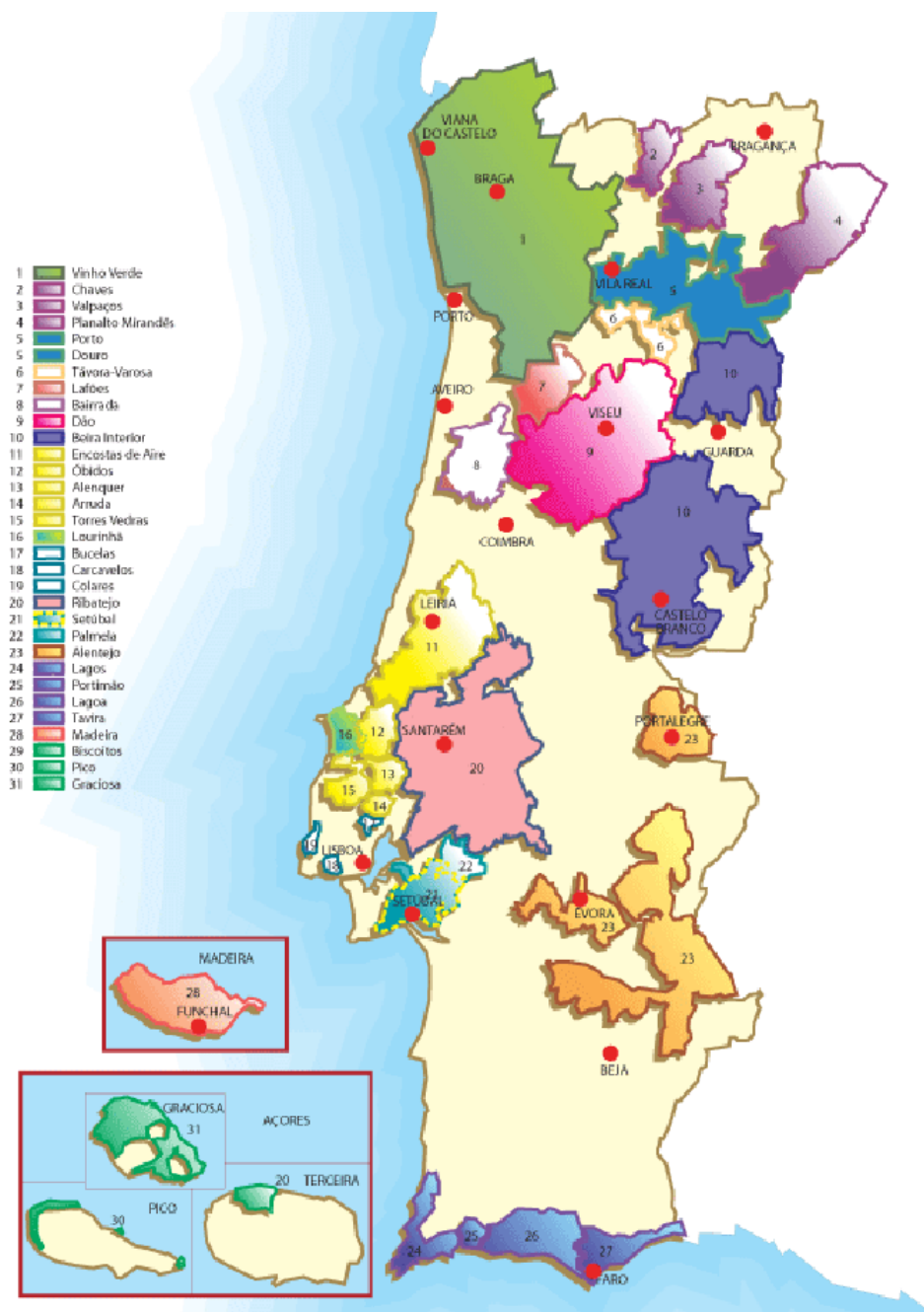
vinho regional

(regional wines) - they are typical wines from determined regions that don’t have the appellation of vqprd.

vinho de mesa

(table wines)- all the wines coming from recommended stocks, and that follow certain analytic characteristics. they can mention their geographic origin, as long as it doesn’t match any vqprd. table wines if from allotments, loose the right to this designation.

denominação de origem controlada (doc)



vinhos regionais (regional wines)

