

“Wine is the most civilized thing in the world”

“Ernest Hemingway”

Portuguese wines have a long history and strong presence in the local wine scene. For many years, people have been coming to Macao searching for the exquisiteness of the Portuguese food and of course their wines. Although best known for their highly acclaimed Port wines and also Madeira wines to some degree, Portugal has a lot more to offer in terms of wine styles. To begin with, Portugal has a great variety of their own native grapes, including the most well known Touriga Nacional. They also produce many wines using the international noble grape varieties such as Cabernet Sauvignon, Syrah, Merlot or Chardonnay.

Until recently the variety of wine found in Macao both Portuguese and international was almost non-existing. In this respect, nowadays Macao is a paradise for someone who wants to fully experience some of the best wines Portugal has to offer. Many of the top Portuguese wines, make now their way to Macao in fair quantities and at very reasonable prices.

For that reason IFTM Educational Restaurant compiled a list of the best Portugal has to offer. Its not only a wine list but a guide and a knowledge fountain...Being a school, our aim is to quench people's thirst for knowledge, and that is exactly what we wanted to achieve with this list. Here you can find not only the name of the wines but also, the grape varieties, and an overall explanation about the Portuguese wine producing regions and classifications.

We hope this list helps shed some light regarding Portuguese wines and that by the end of your experience you will be equipped with more knowledge and a better understanding of Portuguese wines. **SAÚDE!**

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Please be aware that occasionally vintages can be subject to change at short notice and rare wines are cellared in limited quantities.

Corkage charge per bottle	Mop
Red wine, white wine, rosé wine & sparkling wine(75cl).....	150
Sweet wines, Fortified wines & other alcoholic beverages (75cl).....	150
Spirits (+ 35% alcohol) (75cl).....	300

*No government tax and service charge are required

Wine by Glass

Sparkling Wine

Mop

Terras do Demo brut 2018, Távora-Varosa 50
(*malvasia fina*)

A light and refreshing sparkling wine with a soft and elegant texture on the palate.

White Wine

Casa Cadaval Vinha Padre Pedro 2019, Tejo 50
(*fernão pires, alvarinho, arinto*)

Fruity, with a refreshing aroma of tropical notes, some citrus and white flowers, the wine is fresh, with a creamy and lingering after taste.

Casa Santos Lima 2018, Lisboa 50
(*chardonnay*)

Green fruit aromas and a light sensation of wood toast. High acidity giving a lively freshness to the wine, and long smooth finish.

Portal do Fidalgo 2018, Vinho Verde 55
(*alvarinho*)

An aromatic white wine with a refreshing feeling tropical fruit characters and elegant texture on the palate.

Red

Casa Cadaval Vinha Padre Pedro 2018, Tejo 50
(*touriga nacional, trincadeira, alfrocheiro*)

Aromatic, with notes of red fruits. Round and easy to drink it shows a balanced acidity and medium body with a medium finish.

Encosta do Sobral Reserva 2015, Tejo 55
(*touriga nacional, trincadeira, touriga franca*)

Floral aromas, fruity, with some menthol notes characterized by the main grape variety.

Quinta do Vallado Reserva 2016, Douro 105
(*old vines, more than 20 different grape varieties*)

A fruity and well-structured red wine with a lot of black fruits and floral aromas.

Sparkling Wine

Douro

024.	Mateus demi seco rosé sparkling	Mop 190
	<i>(baga, syrah)</i>	

Távora-Varosa

025.	Murganheira Reserva bruto 2015	240
	<i>(malvasia fina, cerceal, gouveio real)</i>	
026.	Terras do Demo brut 2018	215
	<i>(malvasia fina)</i>	

Rosé Wine

Douro

005.	Mateus n/v	105
	<i>(baga, rufete, tinta barroca, touriga franca)</i>	

*No government tax and service charge are required

White Wine

Alentejo

	Mop
230. Esporão Reserva 2018	250
<i>(antão vaz, arinto, roupeiro)</i>	
224. Monte da Peceguina 2018	190
<i>(antão vaz, verdeiro, roupeiro, arinto)</i>	
227. Pêra-Manca 2017	370
<i>(antão vaz, arinto)</i>	

Dão and Lafões

191. Quinta dos Carvalhais 2010	420
<i>(encruzado)</i>	
232. Quinta dos Carvalhais 2019	420
<i>(encruzado)</i>	

Douro

231. Planalto Reserva 2019	170
<i>(malvasia fina, vioso, gouveio, códega, arinto, rabigato, moscatel)</i>	
233. Quinta de la Rosa 2019	245
<i>(códega do larinho, rabigato, vioso, gouveio)</i>	
225. Redoma 2018	200
<i>(rabigato, códega, vioso, donzelinho, dorinto)</i>	
170. Redoma Reserva 2011	400
<i>(rabigato, códega, donzelinho, vioso, arinto)</i>	

*No government tax and service charge are required

White Wine

Lisboa

Mop

228. **Casa Santos Lima 2018** 145
(chardonnay)
204. **Quinta do Monte d'Oiro Madrigal 2015** 350
(viognier)

Tejo

235. **Casa Cadaval Vinha Padre Pedro 2019** 125
(fernão pires, alvarinho, arinto)
116. **Vale d'Algaes 2007** 565
(viognier)

Península de Setúbal

226. **Bacalhôa 2018** 225
(chardonnay)

Vinho Verde

220. **Aveleda 2018** 125
(loureiro, trajadura, arinto)
234. **Muros Antigos 2020** 190
(alvarinho)
210. **Muros de Melgaço 2016** 280
(alvarinho)
223. **Portal do Fidalgo 2018** 225
(alvarinho)

Red Wine

Alentejo

Mop

282.	Aragonês da Peceguina 2013	370
	<i>(aragonês)</i>	
299.	Carmim Reguengos Reserva 2014	225
	<i>(alicante bouschet, trincadeira, aragonês)</i>	
2017.	Cartuxa 2016	300
	<i>(alfrocheiro, trincadeira, alicante bouschet, aragonês)</i>	
2016.	Esporão Reserva 2017	380
	<i>(aragonês, trincadeira, cabernet sauvignon, alicante bouschet)</i>	
289.	Herdade S. Miguel Reserva 2011	380
	<i>(alicante bouschet, aragonês, cabernet sauvignon)</i>	
2005.	José de Sousa Mayor 2011	360
	<i>(grand noir, trincadeira, aragonês)</i>	
2015.	Marquês de Borba 2017	165
	<i>(aragonês, trincadeira, alicante bouschet, touriga nacional, petit verdot)</i>	

*No government tax and service charge are required

Red Wine

Alentejo

	Mop
2011. Marquês de Borba Reserva 2014	605
<i>(trincadeira, aragonês, alicante bouschet, cabernet sauvignon)</i>	
2008. Mouchão 2012	500
<i>(alicante bouschet, trincadeira)</i>	
2006. Quinta do Carmo Reserva 2012	485
<i>(aragonês, alicante bouschet, cabernet sauvignon, syrah)</i>	
298. São Miguel dos Descobridores Colheita Seleccionada 2014	190
<i>(alicante bouschet, cabernet sauvignon, aragonês, trincadeira, syrah)</i>	
2009. Tiago Cabaço .com 2016	150
<i>(touriga nacional, aragonês, trincadeira, alicante bouschet)</i>	
291. Tinto da Anfora Grande Escolha 2008	385
<i>(aragonês, touriga nacional, syrah)</i>	
296. Tinto da Talha Grande Escolha 2010	240
<i>(aragonês, touriga nacional)</i>	

*No government tax and service charge are required

Red Wine

Bairrada

		Mop
305.	Luís Pato Quinta do Ribeirinho Pé Franco 2005 (<i>baga</i>)	1805
321.	Quinta das Bageiras Chumbado Colheita 2015 (<i>baga, touriga nacional</i>)	145
313.	Quinta do Encontro “Encontro 1” 2007 (<i>baga, touriga nacional</i>)	1300
320.	Quinta do Encontro “Preto e Branco” 2012 (<i>baga, touriga nacional, bical</i>)	225

Dão and Lafões

430.	Callabriga Reserva 2009 (<i>tinta roriz, touriga nacional</i>)	425
443.	Casa de Santar Reserva 2013 (<i>touriga nacional, alfrocheiro, aragonês</i>)	240
405.	Four C 2003 (<i>baga, trincadeira, tinto cão, touriga nacional</i>)	1300
441.	Paço dos Cunhas de Santar Nature 2012 (<i>touriga nacional, tinta roriz</i>)	190
434.	Quinta das Maias 2011 (<i>jaen</i>)	370
320.	Quinta da Garrida 2009 (<i>touriga nacional</i>)	320
442.	Quinta de Cabriz Colheita Seleccionada 2016 (<i>alfrocheiro, tinta roriz, touriga nacional</i>)	120
411.	Quinta dos Carvalhais Único 2005 (<i>touriga nacional</i>)	1335

Red Wine

Douro

	Mop
5002. Evel Reserva 2015	380
<i>(touriga nacional, touriga franca, tinta roriz, tinto cão)</i>	
5011. Evel Reserva 2017	380
<i>(touriga nacional, touriga franca, tinta roriz, tinto cão)</i>	
5014. Grainha Reserva 2016	260
<i>(touriga nacional, touriga franca, tinta roriz)</i>	
5005. Lello 2016	120
<i>(touriga nacional, touriga franca, tinta roriz, tinta barroca sousão e tinto cão)</i>	
5008. Meandro do Vale Meão 2017	230
<i>(touriga nacional, touriga franca, tinta roriz, tinta barroca, alicante bouschet)</i>	
524. Quinta da Manuela 2001	710
<i>(touriga nacional, tinta roriz)</i>	
565. Quinta de Cidró 2008	380
<i>(pinot noir)</i>	
5013. Quinta do Crasto 2018	175
<i>(touriga nacional, touriga franca, tinta roriz, tinta barroca)</i>	

*No government tax and service charge are required

Red Wine

Douro

	Mop
5010. Quinta do Crasto Vinhas Velhas Reserva 2016	370
<i>(old vines, 25 to 30 different grape varieties)</i>	
588. Quinta do Vale da Raposa 2012	370
<i>(touriga nacional)</i>	
5012. Quinta do Vale da Raposa 2013	370
<i>(touriga nacional)</i>	
5009. Quinta do Vallado Reserva 2016	450
<i>(old vines, more than 20 different grape varieties)</i>	
598. Quinta dos Aciprestes Reserva 2015	280
<i>(touriga nacional, touriga franca)</i>	
5001. Quinta Nova de Nossa Senhora do Carmo Reserva 2014	420
<i>(touriga nacional, touriga franca, tinta roriz, tinta barroca)</i>	
599. Vinha Grande 2014	195
<i>(touriga nacional, touriga franca, tinta barroca, tinta roriz)</i>	

*No government tax and service charge are required

Red Wine

Lisboa

	Mop
616. Brutalis 2013	380
<i>(cabernet sauvignon, alicante bouschet)</i>	
612. Chocapalha 2007	215
<i>(touriga nacional, tinta roriz, castelão, alicante bouschet, syrah)</i>	
611. Chocapalha Reserva 2008	385
<i>(touriga nacional, tinta roriz, syrah)</i>	
608. Quinta do Monte d'Oiro homenagem a António Carqueijeiro 2001	1250
<i>(syrah, viognier)</i>	
614. Senhor d'Adraga 2007	240
<i>(alicante bouschet, cabernet sauvignon, syrah, touriga franca, touriga nacional)</i>	

*No government tax and service charge are required

Red Wine

Tejo

	Mop
727. Casa Cadaval Vinha Padre Pedro 2018	125
<i>(touriga nacional, trincadeira, alfrocheiro)</i>	
724. Casa Cadaval Vinhas Velhas 2010	240
<i>(trincadeira preta)</i>	
719. Encosta do Sobral Reserva 2011	220
<i>(touriga nacional, trincadeira, touriga franca)</i>	
726. Encosta do Sobral Reserva 2015	220
<i>(touriga nacional, trincadeira, touriga franca)</i>	
708. Falcoaria Reserva 2007	240
<i>(castelão, trincadeira)</i>	
709. Guarda Rios 2006	400
<i>(syrah, touriga nacional, aragonês, merlot)</i>	
728. Quinta da Alorna Reserva 2016	200
<i>(touriga nacional, cabernet sauvignon)</i>	
716. Quinta do Alqueve Tradicional 2009	200
<i>(touriga nacional, trincadeira, tinta roriz, castelão)</i>	

*No government tax and service charge are required

Red Wine
Península de Setúbal

	Mop
812. Adega Cooperativa de Pegões Colheita Seleccionada 2009	240
<i>(cabernet sauvignon, touriga nacional, trincadeira, syrah)</i>	
801. Domingos Soares Franco Coleção Privada 2004	300
<i>(syrah)</i>	
817. Quinta da Bacalhôa 2015	280
<i>(cabernet sauvignon, merlot)</i>	
818. Quinta da Mimososa 2017	215
<i>(castelão)</i>	

*No government tax and service charge are required

Premium Red Wine

Alentejo

2011.	Marquês de Borba Reserva 2014	Mop 605
	<i>(trincadeira, aragonês, alicante bouschet, cabernet sauvignon)</i>	

Bairrada

305.	Luís Pato Quinta do Ribeirinho Pé Franco 2005	1805
	<i>(baga)</i>	
313.	Quinta do Encontro “Encontro 1” 2007	1300
	<i>(baga, touriga nacional)</i>	

Dão and Lafões

405.	Four C 2003	1300
	<i>(baga, trincadeira, tinto cão, touriga nacional)</i>	
411.	Quinta dos Carvalhais Único 2005	1335
	<i>(touriga nacional)</i>	

Douro

524.	Quinta da Manuela 2001	710
	<i>(touriga nacional, tinta roriz)</i>	

Lisboa

608.	Quinta do Monte d’Oiro homenagem a António Carqueijeiro 2001	1250
	<i>(syrah, viognier)</i>	

Sweet and Fortified Wines

Port Wine

Porto White

		Mop per glass	Mop per bottle
902.	Ferreira Lágrima	40	180

Porto Tawny

904.	Ferreira Dona Antónia Reserva	50	230
905.	Ferreira Quinta do Porto 10 years old	60	380
906.	Ferreira Duque de Bragança 20 years old	75	645
907.	Taylor's 20 years old	115	1015
908.	Niepoort 30 years old	175	1535

Porto Colheita

909.	Barros 1966		2500
910.	Barros 1975		1500
911.	Krohn 1958		3000
912.	Krohn 1965		2500
939.	Niepoort 2000 (350 ml)		245

Porto LBV

938.	Niepoort 2014		220
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Porto Vintage

917.	Castelinho 1997		980
918.	Dow's 1977		2205
919.	Dow's 1980		1300
920.	Ferreira 2000		600
937.	Ferreira 2007		600
921.	Graham 1997		1850
922.	Niepoort 1987		960
923.	Niepoort 2005		660
924.	Taylors 2003		1900
925.	Warre 1994		1880

*No government tax and service charge are required

Sweet and Fortified Wines

Muscat Wine

Moscatel do Douro

Mop
per bottle

928. Adega Cooperativa de Favaios 1975 (500ml) 685

Moscatel de Setúbal

936. Bacalhôa moscatel roxo 2000 (500ml) 260

Late Harvest

Douro

940. Grandjó 2013 (375ml) 320

*No government tax and service charge are required

Portugal - the regions

Vines were first brought to Portugal by the Greeks in the 7th century bc, but it was only when the romans occupied Portugal that this crop came to be important. With the worship of bacchus, the portuguese also inherited the tradition of wine making.

Vines are now to be found throughout the country, and there are already a number of specific “regiões demarcadas” (demarcated regions).

Vinho Verde

This is Portugal’s largest DOC region stretching from the hills south of the river Douro to the river Minho in the north. the cool, damp maritime climate together with the rather unusual method of growing vines produce fresh, light white wines, whose extraordinary aroma is balanced by their acidic touch.

Grape varieties to note here is the Alvarinho, probably the best Portuguese white grape variety and commonly making single variety wines. Other interesting grapes are Loureiro and Trajadura, more commonly used in blends but making also some interesting single variety wines.

Trás-os-Montes

In the remote north east of Portugal, cut off from the coast by a series of mountain ranges, Trás-os-Montes is wild, high country, its soils poor and unproductive, granitic with here and there the odd patch of schist. The extreme continental climate brings long, hot summers followed by long, icy winters. Grape varieties to note here is the Bastardo, Marufo, Tinta Roriz, Touriga Franca, Touriga Nacional and Trincadeira (Tinta Amarela), Côdega do Larinho, Fernão Pires, Gouveio, Malvasia Fina, Rabigato, Síria (Côdega) and Viosinho.

Porto and Douro

Douro wine originates in a region of beautiful landscapes, where the grapevines climb the 60-degree sloping banks of the river, that winds its way through the limestone ravines, transformed by the muscles of men into vineyards. It is the oldest demarcated wine region in the world and also home of some world heritage vineyards. For centuries the Douro was known for its Port wines, but nowadays its the table wine making the headlines. International wine publications are giving some of its highest ratings to the wines of the Douro valley.

The variety of soils and micro-climates along the banks of the river Douro determine the quality and diversity of the wine produced here. 50% of the production goes for Port wine, while the other 50% is used for the production of red, white, rosé, sparkling wine, fortified (moscatel do Douro) and brandy.

Several grape varieties are used in the Douro such as the Tinta Roriz (Aragonês in Alentejo and Tempranillo in Spain) and the queen of the Portuguese grape varieties, the Touriga Nacional.

Távora-Varosa

This is a small region, however, it is very relevant in the production of sparkling wines with significant plantings of Chardonnay and Pinot Noir (two of the major grapes of the Champagne region of France), although it also produces fresh white and soft red wines.

Portugal - the regions

Dão and Lafões

This region stretches along the river Dão surrounded on all sides by mountains. Traditionally, it produces excellent red wine, with a good bouquet, and elegant and deep taste. After ageing, it gains a velvety taste and changes the ruby colour to a reddish brown. The white wines of the region are generally aromatic and refined. For red wines, Touriga Nacional and Alfocheiro perform very well here, with the help of Tinta Roriz (also known as Aragonês, or, in Spain, Tempranillo), along with the traditional Jaen, Baga, Bastardo and Tinta Pinheira. Top white grape variety is the Encruzado.

Bairrada

The region of Bairrada is closer to the littoral, between river Vouga and Mondego. wine has long been a tradition in this region. The local reds are fruity when young, have good balanced tannin and acid content, developing a complexity with age. 60% of Portugal's sparkling wines, are produced in this region. Top grape variety here is the Baga.

Beira Interior

Located in the heart of the northern interior, along the border with Spain, in the most rugged and mountainous region of mainland Portugal. The soils are mostly granitic in nature, with some schist and, although less common, some sandy slope.

Lisboa

Formerly known as Estremadura, the Lisbon wine region stretches from Lisbon further north to just beyond the city of Leiria. It has classic traditional areas such as Carcavelos, Colares and Bucelas known for producing long lived whites are unfortunately disappearing amongst the concrete buildings of the Portuguese capital Lisbon. However other areas such as Alenquer further north are booming and producing quite a number of quality wines like never before.

In terms of grape varieties this is the region that experiments the most in Portugal, so you will find a great variety of nacional as well as international grapes such as Cabernet Sauvignon and Syrah/Shiraz.

Tejo

Formerly known as Ribatejo, this region was for a long time the provider of bulk wine. Tejo is now emerging as an exciting source of modern-styled commercially astute red wines. The fertile alluvial soils on the banks of the river Tagus produce soft-textured, ripe, drinkable reds in the sorts of quantities and at the price points that excite supermarket buyers. Further up, on the stonier soils more serious wines can be made. Unlike most other Portuguese regions, foreign varieties such as Cabernet Sauvignon and Merlot are quite common here, and seem to do well. Top local grape varieties include Castelão and Trincadeira for reds and Fernão Pires for whites.

Portugal - the regions

Península de Setúbal

Situated south of Lisbon it comprises the regions of Setúbal and Palmela. Much of the area is flat and sandy, with the exception of the Serra da Arrábida, a short chain of mountains running along the south coast of the peninsula, where the soils are limestone or clay-limestone. It is on these Serra da Arrábida slopes that the grapes are grown for the famous sweet Moscatel de Setúbal wines. The whites surprise with their sheer diversity of pleasing tastes and fruity aromas, and the reds are warm and full-bodied. Top local grape varieties include Castelão (Periquita), Touriga Nacional and Aragonês for reds and Chardonnay for whites.

Alentejo

In recent years this region has done much to develop and perfect wine production. The wines produced here have great character - smooth, highly drinkable reds and fresh aromatic wines. Located between river Tejo and Algarve region, Alentejo is an excellent region with superb natural conditions for its long and extensive plains of vine trees to fully mature under the burning sun. Main grapes here include Trincadeira, Aragonês (Tinta Roriz in the Douro and Tempranillo in Spain), Alicante Bouschet, and most recently Touriga Nacional and Syrah/Shiraz.

Algarve

Vines love Portugal's southernmost region for the same reason the tourists do - it's never too hot, never too cold, and they can be sure to enjoy more than 3,000 hours of sunshine every year. The main white grapes are Arinto, Malvasia Fina, Manteúdo and Síría, and for the reds Castelão and Negra Mole.

Azores

In the middle of the Atlantic Ocean and at a distance of 1600 km to the west of the Portuguese mainland coast, the Azores archipelago is located, made up of nine islands, on three of which vines are cultivated: Terceira, Pico and Graciosa. The main grapes are Verdelho, Arinto, Terrantez for the whites and Merlot for the red.

Madeira

Madeira's fortified wines keep practically for ever - they have been known to survive for more than two centuries. A small clutch of historic Madeira grapes are known as the 'noble' varieties: Sercial, Verdelho, Boal, Malvasia (sometimes called Malmsey) and the rarer Terrantez. All are white, and the first four are traditionally vinified to give different degrees of sweetness in the finished wine: respectively dry, medium-dry, medium-sweet and sweet.

Portuguese wine classification

DOC/DOP

DOC (Denominação de Origem Controlada), DOP (Denomination of Controlled Origin) applies to wine products with originality and individuality due to an inextricably link to a particular region, place or traditional denomination with specific characteristics deriving from the local terroir (geographic environment, natural and human factors).

IG/IGP

IG (Geographical Indication) that is, produced in a specific region and minimally elaborated with 85% of grapes from that region and typical varieties of the region. These wines are controlled by a certifying entity. IGP (Protected Geographical Indication) applies to wines from a specific region named on the label, produced with at least 85% of grapes of that region. Like DOP/DOC wines, they are subject to strict rules of control. These wines can be labelled as “Vinho Regional”.

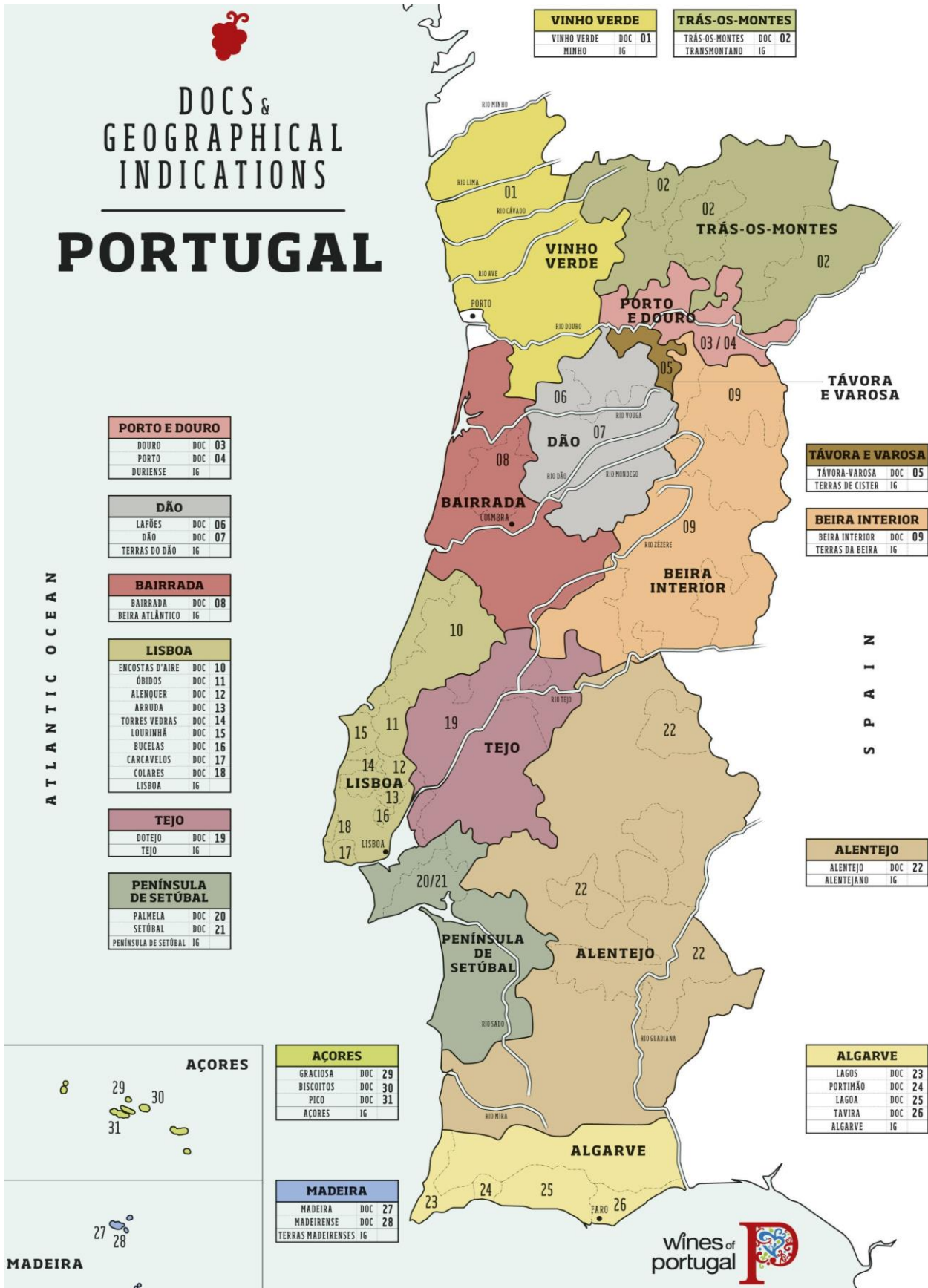
Vinho Regional

Regional Wines: Traditional mention for wines that have a Protected Geographical Indication. Sometimes they are produced in DOC regions, but as they do not respect any production or elaboration rules, they are not cataloged as such. In regional wine, it is allowed to include 15% of wine from other regions, use unauthorized varieties and types of bottles in DOC wines or shorten the aging period. The reference to the Regional mention dispenses with the use of Protected Geographical Indication (IGP).

Vinho de Mesa

Vinho de Mesa (table wines)- all the wines coming from recommended stocks, and that follow certain analytic characteristics. They can mention their geographic origin, as long as it doesn't match any DOC/DOP, IG/IGP. Table wines if from allotments, loose the right to this designation.

Map of Portuguese Wine Regions



*No government tax and service charge are required